

# reflection questions for 2009

1. What was the single best thing that happened this past year?
2. What was the single most challenging thing that happened?
3. What was an unexpected joy this past year?
4. What was an unexpected obstacle?
5. Pick three words to describe 2009.
6. Pick three words your spouse would use to describe your 2009 (don't ask them; guess based on how you think your spouse sees you).
7. Pick three words your spouse would use to describe their 2009 (again, without asking).
8. What were the best books you read this year?

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9. With whom were your most valuable relationships?

10. What was your biggest personal change from January to December of this past year?

11. In what way(s) did you grow emotionally?

12. In what way(s) did you grow spiritually?

13. In what way(s) did you grow physically?

14. In what way(s) did you grow in your relationships with others?

15. What was the most enjoyable area of managing your home?

